

Westminster Presbyterian Church
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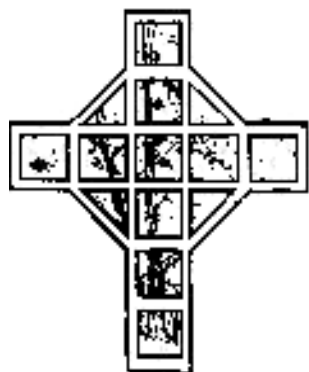
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E-mail: office@wpcoly.org

Website: www.wpcoly.org

The Triangle

August 16th, 2011



Look What's Happening at Westminster!

You will find more information about these events in this Triangle.

Money Management Class

Mission & Ministry Fair

Emergency Overflow Shelter

Confirmation Class

PASTORS' CORNER
The Rev. Dr. David Kegley

The Christian Century's June 14 edition published two articles under the larger heading "Yoga Practice, Christian Practice?" The first was written by Pastor Martin B. Copenhaver, entitled "My Wandering Mind." Copenhaver said that he often attempted to focus his mind by sitting still, meditating, or the use of silent prayer, but with little success. He needed to be active in his spirituality. He started doing yoga and then began having thoughts about our Christian church's lack of embodiment and how too often our faith takes place only "from the neck up." He notices that yoga connects mind and body in a way that we haven't very often gotten in touch with in the Christian church.

The second article, "Is Yoga Religious?" by John N. Sheveland who teaches religious studies at Gonzaga University, was a much more academic examination of yoga's roots in the Hindu religion and our ability to practice it as Christians. He reasons that while some people reject practices that had roots in different religions, others embrace them to find out how these practices might lend to the betterment of their own religion. He finds that yoga practice can help a person to contemplate God. Along with Copenhaver, Sheveland wonders about the mind/body connection of yoga and how it contributes to Christian life. He finds that through yoga Christians can be put in a better frame of mind and body to pray. Also, in keeping with the way yoga integrates mind and body, it can promote our ability to do acts of love and social justice.

I have enjoyed yoga at different junctures in my own life. My first was at my former church in Parma, Idaho. We gathered in the fellowship hall. I saw it as good exercise, and I couldn't believe how good it made me feel. I needed something like it, as the long hours of "neck up" studying was giving me headaches and lots of stiffness. Yoga does have a religious background, but that only makes it more interesting to me now. I like that I can engage in an aspect of a different religion and reflect on it, while making my own faith and life stronger. Sheveland puts it this way:

The dialogue of religious experience occurs from a position of commitment to one's own tradition, not from laxity or heterodoxy, and it demonstrates just how real the fruit of curiosity and charity can be. It also demonstrates how unsatisfactory simple identity markers can be for those able to cross over and back again profitably and faithfully.

You know, someday, I'd like to have a conversation with someone of the Hindu faith to see how they experience yoga practice and share with them some of the good experiences I've had. I'll mention that when my own Christian life is healthier, I pray better and think more clearly and that yoga is one way for me to get there from here.

Peace, *David*

Calendar for This Week and More

SUNDAY, AUGUST 21

10:00am Worship

3:00pm Youth Group

TUESDAY, AUGUST 23

7:30am Men's Breakfast @ I-HOP

Scheduled photo sessions for new pictorial directory (room 12)

WEDNESDAY, AUGUST 24

Scheduled photo sessions for new pictorial directory (room 12)

10:00am (no Bible Study-resumes in September)

6:30pm Deacons (library)

6:30pm OCS "Requiem" rehearsal (sanctuary and chapel)

THURSDAY, AUGUST 25

Scheduled photo sessions for new pictorial directory (room 12)

SATURDAY, AUGUST 27

Youth event at Rainbow Falls State Park

SUNDAY, AUGUST 28

10:00am Worship

3:00pm (no Youth Group)

TUESDAY, AUGUST 30

7:30am Men's Breakfast @ I-HOP

WEDNESDAY, AUGUST 31

6:30pm OCS "Requiem" rehearsal (sanctuary and chapel)

THURSDAY, SEPTEMBER 1

12 noon Triangle articles due

SUNDAY, SEPTEMBER 4

10:00am Worship

Celebrating Holy Communion

Receiving Food Bank offering

3:00pm (no Youth Group)

MONDAY, SEPTEMBER 5

Labor Day holiday – church office closed

TUESDAY, SEPTEMBER 6

7:30am Men's Breakfast @ I-HOP

10:30am PW Board (library)

12 noon Luncheon

WEDNESDAY, SEPTEMBER 7

9:30am Triangle folding (library)

10:00am Bible Study (room 12)

6:30pm Stephen Ministries (room 7)

THURSDAY, SEPTEMBER 8

9:30am "Sew Happy" Quilters

7:00pm Chancel Choir rehearsal

MONEY MANAGEMENT CLASS OFFERED

In recent years, Westminster has had Adult Education classes on your personal health and fitness and on how to raise healthy, happy children. We have also had Marriage Retreats to reflect on, and improve our marriages. How about now dealing with a topic mentioned often in the Bible; money? A money management class is being offered this fall beginning Tuesday, Sept 13. Whether you are having a difficult time making ends meet, living paycheck to paycheck, living comfortably, or have more than you need, this class may be for you.

"Financial Peace University" is designed to teach you and your family how to get out of debt, stay out of debt and build wealth. It is a DVD series in which nationally known financial expert Dave Ramsey, breaks through the common financial jargon and explains how money really works in a simple easy to understand style. The class consists of 13 lessons dealing with "Dumping Debt", "Cash Flow Planning", "Retirement and College Planning" and much more.

An entertaining half-hour preview for the class will be held after worship on Sundays, August 21 and 28 in the chapel. Class cost is \$93 for all class materials and a lifetime membership in "Financial Peace University". Four \$50 class scholarships are available to go towards the fee. Be assured, absolutely no products or solicitations will be made at any of the meetings or connected with this class in any way! For more information, go to DaveRamsey.com or contact class facilitator Ron Stoker at 459-5189 or email rtrout45@comcast.net.

Ron Stoker, for Adult Christian Education

DOOR KEY CODES ARE CHANGING

It has been a long time since we have changed the code for access to the church building, so we are updating the system and code. If you currently have an access code, you may call the church office to receive the new code. The old code will be eliminated in a few weeks to give you some time. If you are in need of a code, we ask that you come by the church office to sign for the code. We will let you know when the old code no longer works.

Carol and Lynne, the Office Staff

CONFIRMATION CLASS FALL 2011

Confirmation Class is a faith formation class for young teens, 6th – 8th grades. Students experience an engaging, in-depth look at Christian faith and what it means to be Presbyterians. All youth, 6th – 8th grades are invited and do not have to be baptized to take the class. Participants will be given the opportunity to become full active members of Westminster. The class culminates in a worship of celebration led by the students. The class will be taught by Associate Pastor, Christine Long and a variety of staff and lay leadership.

Class begins with a kick-off at the Youth Beach Retreat September 9th – 11th
at South Beach Presbyterian

Class will regularly meet Sundays at Youth Fellowship

Currently set for 3:00 – 4:30 pm

Class will run through Nov. 13th

Watch for more details coming your way!

THE PRESBYTERIAN WOMEN NEEDS YOUR OPINION

The Presbyterian Women's officers are asking the women of the church to share their opinions. A survey will be provided to get your thoughts and opinions. There will be a table in the fellowship hall after worship for the next few Sundays. Please stop by and complete a survey to help them know your needs and desires for the coming year.

Marty Braun, Presbyterian Women's Moderator

NOVEMBER 13 – BE SURE TO SAVE THE DATE!

On Sunday, November 13, we will be having two special worship services (9:00 and 11:15am) as well as a time of fellowship and celebration in the fellowship hall between 3:30 and 5:00pm. One feature of the afternoon gathering will be to take a group photograph of all our Westminster members and friends who are there. We encourage everyone to plan now to attend.

*Marv Ryser, for the Year Round Stewardship Committee
and the Stewardship & Finance Department*

MISSION & MINISTRY FAIR SCHEDULED FOR SEPTEMBER 18TH

Many of our mission & ministry activities are front and center such as our monthly donations to the Thurston County Food Bank or the annual CROP Walk. Other mission activities are less visible, but equally important. On Sunday, September 18th, we would like to provide an opportunity for all mission & ministry activities at Westminster to share their great work with the congregation at a Mission & Ministry Fair. We will provide space in the fellowship hall for you (or your group) to display pictures, materials or other information about the mission activity that you are involved in with other members of the congregation. If you are involved in a mission or ministry related activity as an individual or with a group and would like to participate in the Mission & Ministry Fair, please contact Lorna Linden at llinden@comcast.net to reserve your space, or for additional information about the fair.

Lorna Linden, for Mission & Fellowship Department

SELF DEVELOPMENT OF PEOPLE COMMUNITY CONNECTIONS

The Rev. Wayne Gnatuk, an Associate with the Self-Development of People (SDOP) in Louisville, Kentucky, conducted a SDOP Community Workshop on Sunday afternoon July 31st in Westminster's fellowship hall. Wayne's goal was to share information about grant opportunities available through the SDOP program with our community and he definitely accomplished that goal. Approximately one dozen community members participated in the workshop, learned how to apply for a SDOP grant and made important connections with Wayne that will help them during the application process.

Four Camp Quixote residents who attended the workshop invited Wayne to visit the camp for a tour on his way out of town. He took them up on their offer and returned to Louisville with a clear understanding of the camp, their residents, and their needs. Wayne's offer to conduct a workshop for our community was truly a gift. Thank you Westminster for supporting these efforts and for making a difference in our community!

Lorna Linden for the Mission Committee
Mission & Fellowship Department

EMERGENCY OVERFLOW SHELTER

The Emergency Overflow Shelter provides refuge for homeless women and families with children during the winter months. The shelter opens its doors when space at other shelters is exhausted. Faith communities house the shelter on a rotating basis and it is staffed by volunteer hosts. Other volunteers do laundry, move shelter materials from location to location and provide transportation.

Our church has hosted the Emergency Overflow Shelter for several years. Last year over 29 individuals and families from Westminster served as volunteer hosts, did laundry, and helped provide transportation while the shelter was housed at our church for two weeks. Would you like to help Westminster provide this outreach to our community again this winter? We need a small team of leaders to recruit volunteers and to coordinate needed functions for the two weeks Westminster is hosting the shelter. We are currently looking at dates in December or February. If you can help ensure that Westminster is able to continue to serve in this way, please let Kathy Marshall (493-2487) or Sue Harris (791-2034) know so we can lock in our dates

Kathy Marshall for Mission and Fellowship

WOULD YOU LIKE TO HELP PREPARE COMMUNION?

The Communion Committee is looking for volunteers to help prepare communion and clean up afterwards. Kathy Gillis is no longer able to do this job. It would be very helpful to have several people trained and they could take turns doing the job ..There are printed instruction and Kathy or Kila would be willing to train you. If you would be willing to help please call Carol Ryser in the church office, Kila Bengé 412-1217 or Kathy Gillis 456-8455.

Kathy Gillis, co-chair Communion committee

REPORT FROM STEWARDSHIP & FINANCE

Following is the financial report as of the end of July 2011.

	<u>July</u>	<u>Year to date</u>
Income	\$43,742.66	\$297,717.23
Expenses	<u>\$38,225.74</u>	<u>\$291,749.09</u>
Totals	+\$ 5,516.92	+\$5968.14

WORSHIP ATTENDANCE:

August 7 - 194

August 14 - 186



GREETERS FOR AUGUST: *Bonita Berndson and Sylvia Tytler*

Pastor: **David Kegley**, dkegley@wpcoly.org

Associate Pastor: **Christine Long**, ctlong@wpcoly.org

Director of Music Ministries: **Terry Shaw**
wpcmusic@msn.com

Director of Christian Education: **Rachelle Dudley**
rdudley@wpcoly.org

Interim Youth Ministry Coordinator: **Paul Taylor**
prtjat@yahoo.com

Sunshine Preschool Director: **Dinali Dhammapala**
ilanid7@yahoo.com

THE TRIANGLE is published the 1st and 3rd Tuesday of each month.

The next article deadline is Thursday, September 1st before noon.

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